

Prayer Points

1. Lord, prepare my heart and create in me a genuine hunger and thirst for you. Let my soul pant for you as the deer pants for streams of water. Luke 11:9, Psalm 42:1
2. Lord, let there be a great outpouring of the Holy Spirit during the retreat according to your promise in Joel 2:28
3. Lord, let me have a personal encounter with you like never before during this retreat.
4. Lord, give me the spirit of consecration. Let me be able to focus on you wholly. Help me to overcome every distraction the enemy will bring my way. Psalm 16:8
5. Speak through your servants and let them speak as your mouth-piece. 1 Pet. 4:11
6. Lord, open my heart, let the light of your word shine into my heart and expose every darkness and sin. Give me the spirit of repentance so I can experience genuine transformation. Ps. 36:9
7. Lord open my eyes to see the good works you have prepared in advance for me to do. Eph.2:10
8. Lord, give me a garment of praise and Spirit of true worship. Isaiah 61:3
9. Lord, grant unto everyone a trouble and accident free journey to and from the retreat.
10. I come against every plan and counsel of the enemy concerning the retreat. I cover every participant with the blood of Jesus. Isaiah 8:10
11. I declare that your counsel for this year's retreat shall stand and everyone will receive a touch of your power in Jesus name.



“The prayer of a righteous man is powerful and effective” - James 5:16

Spruce Lake Retreat Retreat Contact and Directions

Phone: 570-595-7505, 800-822-7505

ADDRESS

5389 Route 447
Canadensis, Pennsylvania 18325
(Route 447 and Gravel Road)

The exact location is 2.5 miles north of Canadensis, PA on State Route 447

GPS info nearest intersection: Creek Road (State Highway 447) & Gravel Road Latitude: 41° 13.526' Longitude: -75° 16.164'

Spruce Lake Retreat is approximately 2 hours from New York City & Newark.

From New Jersey (Interstate 80):

- I-80 West to Delaware Water Gap
- Second exit after bridge toll booth (Exit 309)
- Turn left soon after off-ramp onto State Route 447 North
- Follow the signs for 447 North for approximately 20 miles to the intersection of 390 and 447 in Canadensis.
- Continue straight at the light on 447 North.
- Spruce Lake is 3 miles north along Route 447, with entrance on the left at Spruce Lake Drive.



Worship, Connect, Grow, Serve, Go

Agape House of Worship
239 E. 1st Ave.
Roselle, NJ 07203
908-259-1515
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AGAPE HOUSE OF WORSHIP

WWW.AHOWFC.ORG/RETREAT

2026 RETREAT WELCOME AND PREPARATION KIT

2026 ANNUAL Retreat

POSITIONED FOR

GREATER
Things

Spruce Lake Christian Retreat
www.sprucelake.org

Thursday, July 30, 2026 2:00 p.m.

through

Saturday, August 1, 2026 2:00 p.m.

Welcome Message



Pastor Jide Lawore

I am excited we are able to gather again for our 2026 annual retreat. Our annual retreat is always an exciting time of spiritual renewal and rejuvenation. The purpose of this brochure is to provide you with basic information to make the best of your time

and financial investment toward this retreat. Failure to adequately plan for an event like this can cause distractions or bring unnecessary stress and anxiety that can rob us of the best God has in store for us. I believe you are not going to the retreat to mark time but to truly encounter God. Hence I encourage you to go through this document carefully. If you have any questions please contact any of the retreat coordinators listed at the end. Thank you and God bless.

Purpose of Spiritual Retreat

Any amount of time taken to get away and focus on God will always bear great fruits for an individual or a Church. With a whole world of needs and possibilities facing us, deciding to give our life, energy and time to seek the Lord is a great investment that will yield great reward. Our main objective is to eliminate the distractions around us to allow the Lord to work freely in our lives. In the book of Hosea, God invites us to come to the desert to pray and He will speak to our hearts (Hosea 2:14). This retreat allows us to break the normal routine of our daily lives. When we turn off the television and cell phones and get away from home, we affirm our commitment to spiritual priorities. In stillness, we nourish our lives with the solitude of silence, meditation and prayer.



Physical Preparation

Here are few steps to take that will adequately prepare you for the retreat:

- Make plans for your trip well ahead of time. We highly encourage carpooling with others if possible. Also study the directions carefully, try it on your GPS well before the day of the journey and ask all questions necessary. Failure to do this can bring a lot of stress on the day of the trip and rob you of getting to the retreat with the right frame of mind.
- Make sure you have the phone number of Spruce Lake Retreat with you. If you have problems with direction, it is best to contact the retreat ground for direction. Please note that mobile phone reception is poor in the area except for Verizon wireless & AT&T.
- **The retreat program starts with prayer 2pm on Thursday;** partial attendance is highly discouraged. The trip takes about 1.5 to 2 hrs. depending on where you live in New Jersey.
- **The retreat room check-in time is 4pm-5pm, after which is dinner from 5pm-6:10pm. Please note that there will be no dinner after 6:10pm.**
- The retreat meal times are as follows:
Thursday: dinner (5-6:30pm)
Friday: breakfast (8-9:15am), dinner (6-7pm),
Saturday: breakfast (8-9am), lunch (1-2pm).
- Cooking is not allowed in the rooms but you can bring along snacks or canned food if necessary.
- **Note that lunch will not be provided on Friday. Please make your lunch arrangement if you desire to have lunch on Friday.**
- The retreat accommodation is similar to a hotel or motel; bed, blanket, towel, soap, etc. will be provided.

Spiritual Preparation

Divine visitation requires spiritual preparation. We believe God will visit us in a mighty way during this retreat as we have been praying and believing God for a massive outpouring of the Holy Spirit. However your personal preparation is equally important; you will only experience God according to your faith and the desire of your heart. Prov.23:18, Heb.11:6.

- We encourage everyone to spend some time in fasting and prayer before the retreat using the prayer points on the next page and as you are led. Fasting prepares your heart to be more receptive to God.
- The state of our heart is very important to God. The Lord said we should not come before Him if we have any grudge or un-confessed sin in our life. Hence make sure you reconcile with anyone you have a grudge with before coming to the retreat.
- **As part of the retreat preparation, we will be having a 3-day fast, starting from Wednesday, July 22 to Friday, July 24 on the Teleconference # (908) 293-8320.**

AHOW Retreat Leadership Team

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